

# Samaritan Counseling Center Hawaii

## **Community Impact Report 2023**

Everyone deserves to have the quality mental health care they need to be healthier and heal from wounds. With your help, we honored our promise to assist people regardless of their financial situation, serving 296 clients and providing 3,822 counseling sessions. Thank you for your caring and compassion!

2023 was a very fulfilling year. We presented 11 free mental health education workshops, participated in the O'ahu Charity Walk and NAMIWalks Hawai'i, hosted our first "Drive Fore Mental Health" Golf Tournament, and welcomed David "Kawika" Rich as our Board President. In addition, after a rigorous site accreditation visit with Vice President Steve Duson, we achieved National Accreditation from the Solihten Institute.

## 💛 🛟 Our Vision

Our vision is for everyone in Hawai'i to have access to quality behavioral health counseling that integrates their spirituality, as appropriate, to enhance health and wholeness.

# Content Mission

To provide professional and accessible behavioral health counseling sensitive to the spiritual traditions of individuals, families, and communities in Hawai'i, regardless of their ability to pay.



#### 📌 Mental Health Challenges

The main barriers to health care are cost, access to licensed therapists, and the stigma of mental illness. To address barriers to care, we advocate to:

- Increase payments from Employee Assistance Programs (EAPs), Medicare, and Medicaid.
- Streamline the process for licensing and credentialing therapists, including therapists who have a provisional license.
- **Fund the true costs** of providing care, including operations, and adjust for the cost of living.

## National Accreditation

Samaritan Counseling Center Hawai'i achieved Full Accreditation from the Solihten Institute! For a list of benchmark standards, visit www.solihten.org.





To donate to the Client Assistance Fund, visit: samaritancounselingcenterhawaii.org/giving

Samaritan Counseling Center Hawai'i is a 501(c)(3) charitable organization, Tax ID 99-0250073. 1020 S. Beretania Street, Honolulu, HI 96814 • (808) 545-2740 • www.samaritancounselingcenterhawaii.org



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**Volunteers.** Over 452 hours of service were provided by Board members and volunteers.

**O'ahu Charity Walk.** On May 6, we walked through Waikīkī to enjoy a beautiful morning, get a little exercise, spend time together, and enjoy 'ono food and drinks; and the **Hawaii Lodging & Tourism Association (HLTA)** gave us a generous grant.

**Golf Tournament.** On October 27, we hosted our first "Drive Fore Mental Health" Golf Tournament at the gorgeous 'Ewa Beach Golf Club. Everyone enjoyed a day of golf, fellowship, bento lunch, silent auction, and outstanding dinner — all to support mental health!





We improved operations by switching online billing providers for cost savings; upgrading to a virtual phone system for greater flexibility; and enrolled with a payroll services provider to streamline payroll and human resources. We also negotiated rate increases and more effectively matched counselors with insurance plans.



Executive Director | Rachelle Chang Clinical Director | Diana Honeker, LMFT



As of December 31, 2023

President | David "Kawika" Rich Vice President | Rev. Dr. Robert Steele Secretary | Chandra Mark Treasurer | Dr. M. Stanton Michels

**Directors |** Michelle Malulani Ake; Emily Andrade; Dr. AnneMarie Gumataotao; Rev. Kimberley Houff; Katie Kaahanui; Cody Lange; Linda Rich; Veronica Rich; Rev. Jeannie Thompson





Throughout the year, we presented free mental health education workshops and participated in community outreach events and resource fairs. Watch recorded videos at https://www.youtube.com/@samaritanhawaii.

**Wāhine Wellness**. To empower and uplift women and girls, we presented five "Wāhine Wellness" workshops. Women learned about healthy cooking with Rebecca Woodland; vision boards with Diana Honeker, LMFT; mental fitness with Robin Stueber; healthy boundaries with Kumi Macdonald; and yoga with Natasha Bailey.

**Creative Coping**. To practice self-expression and improve mental wellness, we presented three "Creative Coping" workshops and published a "Creative Coping" anthology of poetry and art. Community members made a haku lei and identified strengths with Katie Uekawa; wrote character poetry with Natasha Bailey; and wrote about *space* with Chaz Hill. Download the free anthology at https://tinyurl.com/scchcc2023.

A Hundred Million Reasons. To raise awareness about suicide prevention and build mental resilience, we presented a "Sources of Strength" workshop for youth with Dr. Deborah Goebert; a "Feeling Adrift" wellness workshop with Dr. Mestisa Gass; and a "Suicide Education and Awareness" Lunch-n-Learn with Diana Honeker, LMFT.

