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FOR IMMEDIATE RELEASE

MEDIA ALERT:

"Soul Shop" Interfaith Suicide Prevention and Resilience Workshops July 19-20, 2024 ~ St. Louis School, Honolulu, Hawai'i ~ Free

- WHY: In Hawai'i, 49,000 adults had thoughts of suicide in the past year (The State of Mental Health in America 2023). Suicide is preventable. If you are a community leader, faith leader, parent, teacher, coach, or mentor, you may be the first person someone turns to when they are in distress. The goal of "Soul Shop" is to raise awareness about suicide and develop skills and strategies for the prevention of suicide.
- **WHAT:** For Community Leaders, Faith Leaders, and Anyone Impacted by Suicide: "Soul Shop" is a free workshop designed to equip faith community leaders to minister to those impacted by suicide. This includes the creation of worship resources, training congregation members in suicide awareness and basic conversation skills, and then how to extend the invitation to those who have been suicidal in the past to share their stories.

For Youth Leaders, High School Students, and College Students: "Soul Shop for Youth Leaders" is a free half-day workshop that will equip youth pastors, youth leaders, camp directors, coaches, and anyone else who works with young people to minister to those impacted by suicide. Special attention will focus on youth-specific issues of impulsivity, contagion, social media, mandated reporting, and confidentiality.

Facilitated by Michelle Snyder, Executive Director/Trainer of Soul Shop. Sponsored by Samaritan Counseling Center Hawai'i, in partnership with St. Louis School and the City and County of Honolulu Grant-in-Aid program.

- WHEN:Friday, July 19, 2024, 9 am to 4 pm: Soul Shop
Saturday, July 20, 2024, 9 am to 12 pm: Soul Shop for Youth Leaders
- WHERE: St. Louis School, 3142 Waialae Drive, Honolulu, HI 96816
- **REGISTER:** <u>bit.ly/SoulShop2024</u> or email info@samaritanhawaii.org
- **INFO:** Established in 1989, Samaritan Counseling Center Hawai'i provides professional and accessible counseling for individuals and families founded on a deep understanding of the close relationship between mind, body, spirit and community. The organization also participates in community outreach and events to provide mental health education and help reduce the stigma of mental illness.

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