



# Samaritan Counseling Center Hawaii

## Community Impact Report 2022

**Mahalo for helping to make 2022 an amazing year!** Together, we served 609 clients and provided 5,227 counseling sessions. We presented 9 free mental health education workshops, participated in the O’ahu Charity Walk and Out of the Darkness Walk, and hosted a Mahalo Luncheon. We also welcomed Diana Honeker, LMFT as our Clinical Director and Rev. Dr. Bert Sumikawa as our Interim Board President.

The need for mental health services remains strong. Our staff and board members, donors and grantors continue to help people make positive changes in their lives through professional, accessible health counseling that is sensitive to people’s spiritual traditions. Thank you for being a mental health champion!

### Our Vision

Our vision is for everyone in Hawai’i to have access to quality behavioral health counseling that integrates their spirituality, as appropriate, to enhance health and wholeness.

### Our Mission

To provide professional and accessible behavioral health counseling sensitive to the spiritual traditions of individuals, families, and communities in Hawai’i, regardless of their ability to pay.



### Mental Health Challenges

The COVID-19 pandemic highlighted the importance of mental health to our physical health and over-all well-being. However, 69% of adults in Hawai’i with a mental illness received no treatment — and cost is the biggest barrier to care.

- **18%** of adults in Hawai’i have a mental illness.
- **37% of counseling sessions** are subsidized.
- **43% of clients** receive subsidized counseling.

### Mental Health Education

for individuals, youth, and communities



### Mental Health Services



*With counseling, 87% of clients are better able to deal with situations that were a problem for them and 95% of clients would recommend SCCH.*  
- Self-reported client surveys, 2023

The Rev. Dr. Gary C. Augustin

### Client Assistance Fund (CAF)

for uninsured, underinsured, elderly & low-income clients

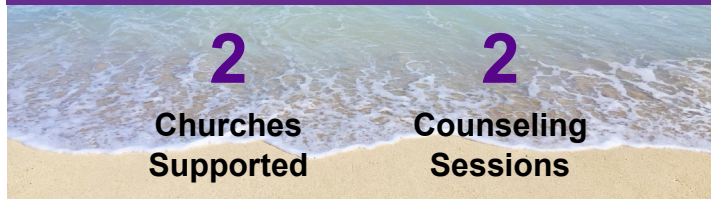


*"So grateful to have found my counselor! She has helped me work through so much."* - a Client

The Rev. Dr. George M. Clifford

### Pastoral Care Assistance Fund (PCAF)

for clergy and lay ministers in need of counseling



To donate to the Client Assistance Fund, visit: [samaritancounselingcenterhawaii.org/giving](http://samaritancounselingcenterhawaii.org/giving)



# Samaritan Counseling Center Hawaii

## Mahalo Luncheon



**Mahalo Luncheon.** To share appreciation for our compassionate and generous donors, partners, Board members, staff, and volunteers, the Center hosted a beautiful Mahalo Luncheon on October 8 at Church of the Crossroads.

We offer a special thanks to Shakuachi musician Katsumi Takemoto, Malu Productions, Roddy Lopez of the Pandanas Club, Tess Macoag and Crystale Cayaban for their uplifting oli, and Shirley's Flowers.



## Management Team

**Executive Director** | Rachele Chang  
**Clinical Director** | Diana Honeker, LMFT

## Board of Directors

As of December 31, 2022

**President** | Rev. Dr. Bert Sumikawa  
**Vice President** | Rev. Dr. Robert Steele  
**Secretary** | Chandra Davis  
**Treasurer** | Dr. M. Stanton Michels

**Directors** | Michelle Malulani Ake; Kaponu Faitau; Dr. AnneMarie Gumataotao; Rev. Kimberley Houff; David "Kawika" Rich; Linda Rich; Veronica Rich; Rev. Jeannie Thompson

## Community Outreach



**Wāhine Wellness.** To empower and uplift women and girls, the Center presented four free interactive "Wāhine Wellness" workshops, sponsored by the Woman's Fund of Hawai'i. Women learned about setting healthy boundaries with Kumi Macdonald of NAMI Hawaii; envisioning a positive future with Diana Honeker, LMFT; yoga poses with instructor Natasha Bailey; and building self-esteem with Clara Priester of the Woman's Board of Missions.

*"No judgment. I felt safe." - a Workshop Participant*

**Creative Coping.** To practice self-expression and improve mental wellness, the Center presented three virtual "Creative Coping" workshops with poet Destiny Sharion, MSW; art educators Chabora, APRN-Rx, BC and Nancy Jo Moses, BS, MA of Self Discovery Through Art; and poet and activist 'Ihilani Lasconia. Attendees were invited to share their works in a "Creative Coping" anthology.

**Embracing Hope.** To raise awareness about suicide prevention and build mental resilience, the Center presented "Embracing Hope," in partnership with BDK Hawai'i, Honpa Hongwanji Mission of Hawai'i, and the Prevent Suicide Hawai'i Task Force. Jeanelle Sugimoto-Matsuda, DrPH and Deborah Goebert, DrPH led two free virtual "talk stories" with Ernestine Enomoto, mindfulness practitioner; Chad Starr, a suicide loss survivor; and Candice Biernesser, PhD, LCSW.

To view our most recent IRS Form 990, visit <https://www.guidestar.org/profile/99-0250073>

