President’s Message
George Clifford, President

Over thirty years ago, two University of Hawai‘i social work students, Terry Fisher and Judy Hormell, had a dream. They envisioned an interfaith, non-profit agency that offered mental health therapy that integrates the client’s spirituality into the healing process, while accepting all clients regardless of their ability to pay for therapy. Their dream became Samaritan Counseling Center Hawai‘i (SCCH).

In its thirty-year history, SCCH has brought healing, hope, and harmony to more than 8,300 clients. The Center clearly fulfills its mission of providing affordable, professional mental health counseling sensitive to the spiritual traditions of individuals, families, and communities in Hawai‘i. Consequently, SCCH enjoys broad interfaith support from Buddhists, Christians, Jews, and others. Generous donors have helped SCCH become financially stable while serving clients in need.

Our excellent Executive Director, Rachelle Chang; superb Clinical Director, Dr. Gary Augustin; expanding staff of gifted, credentialed therapists; and engaged Board of Directors promise that the Center’s future will be even brighter than its past. SCCH is expanding its social media presence, actively revitalizing its ties with Hawai‘i’s organized faith communities, and enlarging its donor base. The Center hopes soon to open a seventh office in an underserved area such as West O‘ahu.

Meanwhile, SCCH is busily preparing for reaccreditation through the Solihten Institute, formerly known as the Samaritan Institute, the national organization with which we are affiliated. Reaccreditation is required every four years to certify that the Center’s management, programs and clinical services meet demanding national standards, comply with healthcare laws, and adhere to high financial and ethical norms.

The 30th Anniversary Campaign, “$30K for 30 Years,” affords us the opportunity to strengthen SCCH as it enters its fourth decade. Our goal is to increase SCCH’s Endowment, ensuring we can serve future beneficiaries, and Client Assistance Fund, which pays for therapy when the client can’t.

I encourage you to join me in being a good Samaritan. Give generously to SCCH’s 30th Anniversary Campaign. Together, we can exceed the $30,000 goal. Together, we can sustain SCCH in its mission of providing high quality, spiritually sensitive, affordable counseling and therapy to Hawai‘i’s people.
Generosity
Gary Augustin, Clinical Director

I have been with Samaritan Counseling Center Hawai‘i for the better part of 22 of the 30 years and I have always been amazed by the generosity of the many individuals who have supported the Center.

I had the privilege to work with Phyllis Roe. Phyllis gave tirelessly to the Center. After her husband, Michael Anderson, died, she took over all of the responsibilities of the Center. To save money she even did payroll while managing a full case load and being involved with many individuals and churches. The American Association of Pastoral Counselors (AAPC) posthumously honored Phyllis by recognizing our Center as the outstanding Center of the Year.

The other key person who helped to recruit our family to move to Hawai‘i was Jolene Gerell. She worked with Ted Robinson through Central Union Church to provide half of my salary for the first six months that I worked for the Center. She worked with Phyllis to make sure that the Center would become a reality. She believed that clergy also need to be cared for spiritually in order to be strong for their congregations.

There have been many who have contributed, and I believe that this has created a spirit of generosity and giving that continues to be experienced today with both Staff and Board.

Welcome New Board and Staff Members:

Kapono Faitau, Board Member
Kapono is a financial advisor at Morgan Stanley whose business philosophy is summarized in one word: Mālama (caring). He previously worked in the hospitality industry, where he learned the value of building authentic relationships. He graduated from Brigham Young University-Hawai‘i and is an active member of the Native Hawaiian Chamber of Commerce and Hawai‘i Chamber of Commerce.

Lunden Head, Administrative Assistant
Originally from Maryland, Lunden is a student in the Clinical Psychology Doctoral Program (PsyD) at Chaminade University in Honolulu. She earned a Master of Arts in Clinical Psychology, where she completed her thesis on perceived discrimination and race-related trauma. She has a background in family systems, trauma-informed care, psychological assessments, and non-profit work.

Mahalo to Our Supporters
December 2018 to June 2019

Aloha United Way—Donor Choice
Barbara and Barry Brennan
Ronald Cambra
Maria Carnevale
Marion Carpenter Trust
Walton Carpenter Trust
Rachelle Chang
Rose Chang
Central Pacific Bank
Church of the Crossroads
Friends of Hawai‘i Charities
George and Susan Clifford
Hitomi Demura-Devore
Episcopal Church in Hawai‘i
First United Methodist Church
Clarence “Larry” Fisher
German Benevolent Society of Honolulu
Ellen and Robert Godbey Carson
Jan Hanashiro
Paul Harding
Harris United Methodist Church
Jeff and Maxine Haun
Hawai‘i Community Foundation
Diana Honeker
Honpa Hongwanji Mission of Hawai‘i
Judith Hughes
Darcy Ing
Tracy SP Ing
Romella Javillo
Don and Jackie Jones
Kampfer John
Jane and Dan Katayama
Lloyd Moore Foundation
Neal MacPherson
Bobbi WY Lum-Mew
Joyce Nunokawa
Ethel Aiko Oda
Pacific Health Ministry
Benjamin and Margaret Roe
Sutter Health Kahi Mohala
Tamiko and Arthur Spencer
Robert and Jean Steele
Danny and Susan Tengan
Waiokeola Congregational Church
Henry Zerbe

For more ways to give:
samaritancounselingcenterhawaii.org/giving
Community Impact Report 2018

Your support for mental health helps people turn their lives around. Together, we served 443 clients (a 67% increase over 2017) through 2,727 counseling sessions (a 38% increase over 2017). We also supported interfaith clergy and congregations, performing five clergy assessments and two top-up interviews.

In 2018, to meet the growing needs of our clients, we hired three new counselors, offering clients a choice of nine professional counselors; and were ably assisted by two interns from Hawaii Medical College. To better serve Central Oahu residents, we opened a new counseling office at Pearl City Community Church. And to ensure that we serve the community responsively, we welcomed four new board members: Maria Carnevale, Martine Leclerc, Rev. Dr. Robert Steele, and Rev. Ajith Kumar Antony Dass.

How You Made a Difference:

148 CAF Clients (33% of all clients seen in 2018)
977 CAF mental health sessions (36% of all sessions)
$36,245 CAF Subsidies (19.6% of clients were uninsured)

Client Assistance Fund (CAF)
With your support, we served 148 clients (33% of all clients) who were uninsured, underinsured, elderly, or low-income, through 977 counseling sessions (36% of all sessions and a 12.5% increase over 2017).

In 2018, 19.6% of our clients were uninsured. We also noticed an alarming trend of higher annual health insurance deductibles and higher co-pays ($30, $40, and even $45 per visit).

Community Outreach
We helped to raise awareness of mental health issues among Hawaii legislators at Mental Health Awareness Day at the State Capitol. We reached out to seniors and caregivers at the Hawaii Seniors’ Fair - The Good Life Expo, through the generosity of Production Hawaii. We led two free community workshops in Pearl City. And we began providing counseling services to domestic violence survivors, in partnership with UCC Transition House and a Stern Memorial Trust grant.

Fundraising and Grants
Your generosity helped us raise $252,319! We were honored with gifts from Aloha United Way, Boller-Thomas Foundation, Episcopal Church in Hawaii, Friends of Hawaii Charities, Foodland, German Benevolent Society, Harris United Methodist Church, Hawaii Hotel and Lodging Association, Lloyd Moore Foundation, Marion and Walton Carpenter Trusts, Waiokeola Congregational Church, Woman’s Board of Missions, and many others. Your gifts enable people to get the help they need.

Stories of Healing

★ Lani* was in a bad living situation and didn’t have health insurance. With your help, she learned to cope with panic attacks and regain a sense of control in her life.

★ Koa* was struggling with anxiety and depression after losing his job. With your help, he received the counseling he needed until he found a new job and more stability.

★ Faith* was worried about her daughter, unemployed, and without health insurance. With your help, she was able to help her daughter seek treatment.

* Names changed

Volunteer Hours

Samaritan Counseling Center Hawai‘i is a 501(c)(3) charitable organization, Tax ID 99-0250073.
Samaritan Counseling Center of Hawaii (SCCH) is the culmination of a dream shared by two social work students at the University of Hawai‘i in Spring 1984. Terry Fisher and Judy Hormell were those students who found in their studies that too often a person’s faith is not taken seriously and sometimes is even seen as an impediment to counseling.

Having a strong faith background themselves, they wanted to establish a counseling center where a person’s faith could be a source of strength to one’s counseling experience and would be taken seriously by the therapist. Living in the multi-faith community that is Hawai‘i, it was also important to these two students that a person of any faith heritage could feel comfortable in the counseling setting while at the same time, receiving therapy at an affordable cost.

A mutual friend, Marita Nelson, introduced them to her brother Rev. Robert Nelson, who was associated with a Samaritan Counseling Center in Anchorage, Alaska. He encouraged Terry and Judy to contact the Rev. R.J. Ross, Executive Director at the Samaritan Institute (now the Solihten Institute) in Denver, Colorado. The seed was planted to open the first Samaritan Counseling Center in Hawai‘i.

In 1999, Honolulu Mayor Jeremy Harris proclaimed April 18, 1999 as “Samaritan Counseling Center of Hawai‘i Day.” On May 31, 2019 Hawai‘i Governor David Ige presented SCCH with a congratulatory message at the State Capitol.

In 2019, SCCH is celebrating 30 years of service. Over 8,202 individuals and families have received services through 73,844 counseling sessions, and the Center has grown from one counseling office in Honolulu to six counseling offices across O‘ahu.

In recognition of our service, Honolulu Mayor Kirk Caldwell proclaimed April 10, 2019 as “Samaritan Counseling Center Hawai‘i Day.”
Building the Next 30 Years

A CELEBRATION MESSAGE FROM THE SOLIHTEN INSTITUTE

… All Life seeks light. Light is central to all beliefs and cultures. It is the rich goodness that fills people with purpose. It is where healing, happiness and lasting joy are found. AND it is our motivation to serve.

SOLIHTEN INSTITUTE Brand Book, March 2019

Faith-filled… Open-Minded… Innovative… Competent… and Compassionate… What visionary and inspiring leaders your founders Terry and Judy were in 1984 when they pursued their dream of a counseling center which integrated mind, body, and spirit.

Over the course of your thirty years, Samaritan Counseling Center Hawai‘i has had its fair share of challenges, loss, and disappointment. But through it all, generations of board and staff, with grit and grace have kept the light and wisdom of Terry and Judy’s dream alive.

Today the efforts and renewed spirit of board, staff and donors, with the leadership of board chairs Andy Bates and George Clifford, staff leaders Rachelle Chang and Gary Augustin, and generous donors and partners, the light of that dream is once again shining bright.

We are so very proud and appreciative to have you as valued Solihten colleagues. We will dedicate ourselves to work, pray, and play with you to support your continued success.

In gratitude and celebration,
Bob Johnson
President, Solihten Institute
May 29, 2019

2006
Samaritan Counseling Center of Hawai‘i became the Counseling and Spiritual Care Center of Hawai‘i

2007
Hawai‘i Governor Linda Lingle proclaimed February 1, 2007 as “Counseling and Spiritual Care Center of Hawai‘i Day”

2007
Samaritan Counseling Center Hawaii hosted the First Biennial Ho‘omenemene Awards Benefit Dinner

2007
Honolulu Mayor Kirk Caldwell proclaimed April 10, 2007 as “Samaritan Counseling Center Hawai‘i Day”

2010
Opened counseling office at Waiokeola Congregational Church in Kahala

2011
Hosted "AN concert for peace" at the Cathedral of St. Andrew in Honolulu

2012
The Counseling and Spiritual Care Center of Hawai‘i became Samaritan Counseling Center Hawai‘i

2014
Opened counseling office at Pearl City Community Church in Pearl City

2017

2019

2020 & Beyond
- Rebuilding relationships
- Strengthening our Board
- Expanding to West O‘ahu
Everyone needs help sometimes. It takes strength to admit that things aren’t going well and ask for help.

Last year, over 339 people reached out to the Center for counseling. Two-thirds became our clients, trusting us to walk alongside them. Some people found us through family and friends (14%) or a healthcare worker (18%), but the largest number of people came from an Employee Assistance Program (25%). More employers are realizing the value of mental health services and offering support.

If you are struggling with difficult times, you’re not alone. If you feel that someone you know is struggling, tell them they’re not alone.

You are strong to seek help — and offer help when it is needed.

In the Community

Mental Health Awareness Day
On February 14, we participated in Mental Health Awareness Day at the Hawai‘i State Capitol, sponsored by Mental Health America of Hawai‘i. This event was an opportunity to meet with state legislators and other mental health service providers to discuss how we can promote mental health in Hawai‘i.

Prevent Suicide Hawai‘i Statewide Conference
On April 11-12, we had a resource table at the Prevent Suicide Hawai‘i Statewide Conference, attended by over 300 health advocates, educators, service providers, military representatives, and youth.

Free community workshops
In February and April, community members learned about The Five Love Languages and Managing Stress at two free workshops presented by our counselor Diana Honker at First United Methodist Church. An attendee enthused, “Discussion was very helpful.”

Oahu Charity Walk
Thank you for cheering us on at the Visitor Industry Charity Walk on Saturday, May 18 to support mental health and wellness in our community. Over 7,000 walkers supported Hawai‘i nonprofits. We hope you’ll walk with us next year!

Mahalo for Your Aloha at the 2019 Sony Open in Hawai‘i
Thank you for supporting us during the Aloha for Hawai‘i Charities campaign! With your help, Friends of Hawai‘i Charities and Sony Open in Hawai‘i entrusted us with a grant to the Client Assistance Fund, which subsidizes counseling for uninsured, underinsured, low-income, and elderly clients. Learn how you can help at www.friendsofhawaii.org/contribute.

Changing Lives
Just wanted to say ‘thank you’ for all your help. I am in a MUCH better place mentally. You really made a difference in my life!” — Ashley

“I love SCCH—am so grateful for the support and continued presence of my counselor in my life.” — Joyce

“I feel at home when speaking with [my counselor]. She provides a different outlook with my issues.” — Travis

For more information:
Call 808-545-2740
Email info@samaritanhawaii.org
To Angels with Gratitude
Rüdiger Rückmann

Hope wakens me at night
As I sleep alone and light
Upon my certain belief
That angels will greet me again.

For I have heard their singing
Through wind and dark and rain,
Their voices tame and gentle
But insistent and bereft of shame.

They stay until I find warmth
And then cross other seas.
They ask only to be asked
And to be seen and believed.

Rüdiger Rückmann is Director of Advancement at Pacific Buddhist Academy where he also teaches German and a poetry workshop. © Rüdiger Rückmann

Never Give Up
Jan Hirazumi Jose

I am a stroke survivor.
I had a stroke at the age of 21. I had to overcome many things in life, like not feeling the same as everyone, adjusting to memory loss, and not being able to do tasks as quickly. I felt alone at times. I felt like no one could understand me. Sometimes I really wanted to just quit and give up.

I had two options: to just quit or to become an inspiration to people.

I told myself, I can do it. I can keep trying until I reach what I want to reach. It was for me to see that I am beautiful and perfect just the way I am. I have something valuable to bring to this world. I really didn’t want to waste my second chance at being able to live the life I have always wanted.

I wrote a book called “The Gift of Stroke to Set Me Free,” with help from my mom and my good friend. I graduated with a degree in Criminal Justice. Now I am a mental health technician (MHT) to help others with what they are going through.

If you feel alone, you’re not — you have support. No matter how difficult life is, do your best. We have many great things that we all bring to society. Never give up.

Art is Self-Discovery
JJ Javier

JJ Javier is a multimedia artist in Honolulu, Hawai‘i. © JJ Javier

Soul Shop Hawai‘i 2019:
Ministering to Suicidal Desperation

It is difficult for those contemplating suicide to ask for help, and that is why we are presenting Soul Shop, 2019, a 1.5 day training to equip youth and community leaders to effectively minister to suicidal desperation.

Join us on October 18, 6pm to 9 pm, for a Youth Leaders workshop; or on October 19, 9 am to 4 pm, for a Community & Faith Leaders workshop at St. Louis School in Honolulu, Hawai‘i. Learn how you can recognize people who are hurting and help them to be heard through life-saving conversations.

For more information and to register, visit: soulshophi19.eventbrite.com

Presented by BDK Hawai‘i, Chaminade University – BDK Hawai‘i Rev. Fujitani Interfaith Program, Honpa Hongwanji Mission of Hawai‘i, and Samaritan Counseling Center Hawai‘i, in partnership with St. Louis School. Sponsored by the Episcopal Church in Hawai‘i and Pacific Health Ministry.
Give Aloha to Support Mental Health
September 1-30, 2019 ~ Donor #77125
You can support mental health in September, during Foodland Give Aloha month! Just go to Foodland or Sak-n-Save and make a tax-deductible donation (up to $249 per person per card, no purchase necessary) to Samaritan Counseling Center Hawai‘i with donor code 77125. Plus, your donation will get a matching boost from Foodland and Western Union!

Pledge to Mental Health with Donor Choice
You can make a difference in mental health with a quick and easy payroll deduction through Aloha United Way. Simply go to https://www.auw.org/donate, fill out a Donor Choice Employee Pledge Form, and choose Samaritan Counseling Center Hawai‘i agency #70460. You can also talk with your employer about whether they will match all or part of your donation.

Samaritan Counseling Center Hawai‘i Locations:

<table>
<thead>
<tr>
<th>Main Office: First United Methodist Church</th>
<th>Our Lady of Sorrows Catholic Church</th>
<th>Waiʻokeola Congregational Church</th>
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<tbody>
<tr>
<td>1020 S. Beretania St., Honolulu</td>
<td>1403 California Ave., Wahiawa</td>
<td>4705 Kilauea Ave., Honolulu</td>
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<tr>
<td>Honpa Hongwanji Hawaii Betsuin</td>
<td>Pearl City Community Church</td>
<td>Windward United Church of Christ</td>
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<td>1727 Pali Hwy, Honolulu</td>
<td>933 Lehua Ave., Pearl City</td>
<td>38 Kaneohe Bay Dr., Kailua</td>
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