



# Samaritan Counseling Center Hawaii

Accredited by the Samaritan Institute • Serving Hawai'i's Diverse Communities Since 1989

August 2017

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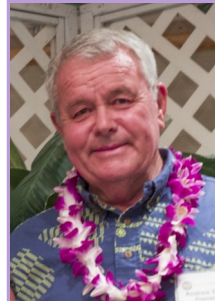
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samaritancounselingcenterhawaii



## President's Message

Andrew Bates, President

There is lots of excitement at Samaritan Counseling Center these days! We are planning upgrades to our six counseling rooms across Oahu. This long over-due project will be made possible by grants and our partner churches and temple.

We are exploring new ways to get the word out to the community about our services, and the importance of supporting interfaith organizations. We are participating in the Hawaii Seniors' Fair, September 22-24, and are planning several Samaritan Sundays in local churches.

Our prayers and calls for new Board members have been heard. Dr. George Clifford, Nicholas Muneno, and Adam Schadler bring new energy and valued skill-sets as we continue to implement our strategic plan. We will formally introduce our new Board members in our next newsletter.

And thanks to your generosity, we were able to subsidize counseling for 74 clients and 471 counseling sessions from January through June through our Client Assistance Fund. This fund supports one of the underlining missions of the Center: to provide quality mental health care to people in need, regardless of their ability to pay. Mahalo for your support.

The Center has recently been honored with grants from:



First Hawaiian Bank.

Grant funds will be used to replenish the **Client Assistance Fund**, which subsidizes counseling for uninsured, underinsured, low-income, and elderly clients who might otherwise not receive any mental health care. Mahalo to the Friends of Hawaii Charities and First Hawaiian Bank Foundation!

## Newsletter Correction:

We want to clarify that Terry Fisher and Judy Hormell were the two co-founders of Samaritan Counseling Center Hawaii, and Jolene Gerell was a dedicated and energetic supporter throughout the years. We apologize for the mistake in our April 2017 newsletter and thank our dedicated and eagle-eyed supporters for pointing out the error.

## Celebrating Over 25 Years of Service

1020 South Beretania Street, Honolulu, HI 96814

Phone: (808) 545-2740 • Fax: (808) 545-2852 • Email: [info@samaritanhawaii.org](mailto:info@samaritanhawaii.org)

Website: [www.samaritancounselingcenterhawaii.org](http://www.samaritancounselingcenterhawaii.org)



## Uncommon Gary Augustin, Executive Director

Many years ago when I was looking at colleges, an all-male school advertised their education as being "toward the uncommon man." It sounds a little sexist today, but the institution was striving to say that they were reaching out to potential students in a personal and individual way. The outcome of going to school there produced unique individuals."

Being seen for who you are is very important. It is how relationships are started and grown. I feel cared for when I am treated as a person and understood as a unique individual. SCCH has always seen its mission to work with individuals and families. We know that problems and issues that are brought to the Center come out of situations that reflect personal choices and need to be understood as unique and uncommon.

Carl Jung once reflected that when we walk on the beach all sand looks alike. But when we pick up a handful of sand and look closely at each grain of sand, they are all different. Reaching out and knowing that every person is different is vital to understanding others. We hope that the care of this Center is uncommon and unique in the ways we support and nurture those who suffer, those in need.

Everything is beautiful in its own way  
Like a starry summer night  
Or a snow covered winter's day  
And everybody's beautiful in their own way  
Under God's heaven the world's going to find a way  
— Ray Stevens

### Healing Relationships

*"We, individually and as a couple, shared many hours with Dr. Gary Augustin, a Samaritan Counseling Center marriage therapist. Through his compassionate counseling, we were able to address our relationship problems and work on rescuing our marriage. . . I shed many tears throughout our struggle, but today I continue to heal and our marriage is on the path to becoming a marriage based on respect, trust and love. This is something I never would have thought possible when I began my road to recovery." —Anon. Client*



### Appreciation Dinner for our Clinical Advisor, Dr. Stephen Kemble

On June 13, staff counselors gathered for dinner at Shokudo to show our appreciation for Dr. Stephen Kemble, who is retiring this summer. Dr. Kemble has advised us since 1989. We will miss his professional, compassionate advice and wish him the best!



### E KOMO MAI to our newest Therapist:

#### **Julie Daubenspeck, LMFT**

*Licensed Marriage and Family Therapist.* Julie is a Christian counselor who works with individuals, couples, families, military families, and children, specializing in women's issues and domestic violence. She uses Experiential Family Therapy, Solution-Focused Therapy, and other theories based on client needs.

Now accepting most forms of insurance. *For appointments, please call 545-2740.*





## Founder's Lunch with Terry Fisher

On June 9, 15 staff counselors, board members, board candidates, and Center supporters gathered for a Founder's Lunch with co-founder Terry Fisher.

Terry shared the story of how she and Judy Hormell, working on a project for their Master's Degree in 1986, were guided by Dr. Marita Nelson to consider the Samaritan Center model as a counseling service that would embrace one's mental health and also include how one's religious beliefs help or hinder one's mental health. All who came to the lunch left with a better understanding of how the Center was formed and its continuing mission.



## A Historical Perspective Father Larry Fisher, Director

My relationship with the Center began before the Center was a reality!

In 1985, I was a pastor in Honolulu and a member of a group of pastors who met regularly for fellowship and support. We shared the significant number of requests to spiritually and emotionally assist members of our congregations. We knew we were being challenged as to the time and skills needed to guide these 'seekers.'

Meanwhile, two ministers' wives, Terry Fisher and Judy Hormell, were working on degrees in social work and dreamed of starting an interfaith, church/temple related counseling service. Inspired by a minister and counselor from a Samaritan Counseling Center in Alaska, we contacted the Samaritan Institute on the mainland and surveyed medical professionals on Oahu as to whether they might refer clients to an interfaith Center in Hawaii.

We opened our Center in 1989, promising to reach out to all, no matter what their faith or no faith-belief—a truly interfaith center. The Center and being on the Board have played important roles in my ministry and in my life ever since.



Join us at the  
**2017 Hawaii Seniors' Fair —  
the Good Life Expo  
Booth #204**

September 22-24 • 8:30 am to 4:30 pm  
Neal Blaisdell Center • FREE Admission

If you want to build stronger relationships with family and caregivers, handle life's transitions with grace, find new meaning in life, or recover from trauma, we can help. Stop by our booth #204 and...

- **Talk** with a mental health counselor
- **Learn** about suicide prevention and domestic violence prevention
- **Relax** with a FREE 5-min. Healing Touch massage (make a reservation at our booth)
- **Enter to win** a FREE 50-min. counseling session



Gary Augustin, Christina Rudolph representing First Hawaiian Bank Foundation, and Andrew Bates

## Mahalo to Our Supporters April 2017 to July 2017

Dorothy & Alfred Bloom	Donna Higashi
Ann B. Catts	Frank G. Jahrling
Chan Foundation	Lloyd Moore Foundation
Jade & Albert Dung	Rev. Neal MacPherson
Episcopal Diocese of Hawaii	Rose Marie May
First Hawaiian Bank Foundation	Kevin Ninomiya
Friends of Hawaii's Charities	Joyce Nunokawa
Harris United Methodist Church	Anita Sasaki
Maxine & Jeffrey Haun	Sisters of St. Joseph of Carondelet
	Danny & Susan Tengan
	Nathan Wong
	Ellen Zoschak

*Please forgive us if we missed your donation.*



Samaritan  
Counseling Center  
Hawaii

1020 S. Beretania St., Honolulu, HI 96814



give aloha  
Foodland's Annual Community Matching Gifts Program

**Donor Code 77125**

**September 1-30**

September is Give Aloha month. Support mental health in our community and Samaritan Counseling Center Hawai'i by showing your Foodland Maika'i card and making your tax-deductible donation of up to \$249 per person per card. Your donation will get a matching boost from Foodland and Western Union!



**Find balance in your life  
with FREE yoga classes**

Tuesdays at 10 am

Beginners are welcome!

St. Mary's Episcopal Church  
2062 S. King Street, Honolulu

Reduce stress and refresh your mind, body, and spirit. Attend FREE yoga classes on Tuesdays, at 10 am at St. Mary's Episcopal Church. Instructor Bruce Sherman has a Certificate in Positive Psychology from the Wholebeing Institute and is a Registered Yoga Teacher with the Yoga Alliance. For information, call 949-4655.

**Samaritan Counseling Center Hawai'i Locations:**

**Main Office:**

First United Methodist Church  
1020 S. Beretania St., Honolulu

Our Lady of Sorrows Catholic Church  
1403 California Ave., Wahiawa

Waikeola Congregational Church  
4705 Kilauea Ave., Honolulu

Honpa Hongwanji Hawaii Betsuin  
1727 Pali Hwy, Honolulu

Windward United Church of Christ  
38 Kaneohe Bay Dr., Kailua